

# COOL THINGS TO DO DURING AND AFTER HIGH SCHOOL!

## STUDY PROGRAMS AND EXCHANGES

PROGRAM	DETAILS	PARTICIPATE IF YOU ARE:
<a href="#"><u>ATA student exchange program</u></a>	Take part in this once-in-a-lifetime opportunity to live and attend school in another country! –improve your language skills in an immersion environment, –discover more about yourself as you face new challenges, and –develop new skills in living and working closely with people from a different culture	<ul style="list-style-type: none"> <li>• Studying a second language (French, Spanish, German, Japanese, Mandarin) and have completed up to the 20 level in that language course</li> <li>• Interested in travelling to Quebec or to another country during the regular school year</li> <li>• Open to hosting a student from your destination country at your own home</li> <li>• Able to pay your airline tickets (except if you go to Quebec...your flight is fully paid in that case!) and bring along some spending money</li> </ul>
<a href="#"><u>Blyth Academy summer programs</u></a>	“A school without walls” where students flourish on a personal and academic level, while realizing that opportunities in education are boundless. Blyth has helped thousands of students travel, study, volunteer and succeed in countries across five continents. Programs are for students in grades 9 through 12.	<ul style="list-style-type: none"> <li>• In grade 9,10,11 or 12 or a ‘gap year’ student</li> <li>• Be able to pay for these amazing opportunities to travel and study! Program prices range from \$3000.00 to \$10,000+ depending on the length of program and location</li> <li>• Interested in travel and learning about other cultures; interested in having new experiences</li> </ul>
<a href="#"><u>Class Afloat</u></a>	“This unique program offers rigorous and internationally acclaimed academic programs for grades 11, 12, university and gap year students, while sailing aboard an historic tall ship and exploring over 20 ports of call worldwide”. While at ports, you will be part of voluntary service projects and become an ambassador of broader global perspectives.	<ul style="list-style-type: none"> <li>• Desire for a life-changing experience taking you all over the world!</li> <li>• Ability to meet the financial obligations of the program (\$33,000 for one year), scholarships are available</li> </ul>

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<a href="#"><u>Encounters with Canada</u></a>	<p>Every week Encounters with Canada (EWC) hosts over 120 dynamic young people who travel to the Terry Fox Canadian Youth Centre, forming a mini-Canada representation and taking part in an amazing bilingual adventure.</p> <p>The \$675 registration fee includes lodging, all meals, most planned activities and local transportation. Transportation costs to and from Ottawa are covered from anywhere in Canada! Some subsidies are available to reduce the registration fees.</p>	<ul style="list-style-type: none"> <li>• between 14 and 17 years of age</li> <li>• enrolled in an educational institution recognized by the Ministry of Education</li> <li>• A Canadian Citizen or Permanent Resident of Canada</li> <li>• Interested in experiencing a career-themed week offered from mid-September to early December and from late January to early May.</li> </ul>
<a href="#"><u>Explore</u></a>	<p>Explore is a five-week intensive French-immersion bursary program that is offered during the spring or summer for people with any skill level in French. Explore participants are awarded a \$2,200 bursary (taxable income) that covers tuition fees for the course, instructional materials, meals, and accommodation. You will discover another region of Canada while learning French in classes adapted to your language level. <b>Apply before February 15th to be considered!</b></p>	<ul style="list-style-type: none"> <li>• Currently and have been a full-time student for at least one term between last September and next June. You do not have to be returning to school in the fall to be eligible. So, even if you have graduated or will graduate this year, you are eligible.</li> <li>• You are at least 16 years of age – there is no upper age limit, however classes and activities are designed with youth in mind</li> <li>• New in 2019! You may apply for a youth program specific to 13-15 year old students (<a href="#"><u>3 week program</u></a>)</li> </ul>
<a href="#"><u>Education First Canadian Youth Ambassadors</u></a>	<p><b>If selected as an Ambassador, you'll win:</b></p> <p>An unforgettable (and free) service learning trip to the Dominican Republic.</p> <p>Mentorship from Members of Parliament and Senators to help make your idea a reality AND the opportunity to collaborate with your mentors during a free trip to Ottawa.</p>	<ul style="list-style-type: none"> <li>• 13 – 18 years of age</li> <li>• Able to complete a 1-minute video OR 150 word written submission answering the following questions:               <ul style="list-style-type: none"> <li>○ What is an issue in your community you'd like to solve?</li> <li>○ What is your idea for a solution? How could this solution also have an impact at a national and global level?</li> </ul> </li> </ul>

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<a href="#">Forum for Young Canadians</a>	<p>“It’s about giving smart, engaged and opinionated youth a chance to recreate parliament for a week. In Ottawa. On the Hill. With other equally ambitious youth. It’s about learning how to collaborate and share ideas, then turn them into real community action.” The \$995 participation covers travel costs, hotel accommodation (triple occupancy) at an Ottawa hotel all meals, instructional materials and bus transportation within Ottawa.</p>	<ul style="list-style-type: none"> <li>• between 15 and 19 years of age</li> <li>• A Canadian student interested in politics and leadership roles in his/her community</li> <li>• Able to be away from school for a week and still be successful!</li> </ul> <p>February 3-8, 2019            March 17-22, 2019            DEADLINE to apply: November 30, 2018</p>
<a href="#">GAP year in Spain</a>  With United Mint Campus	<p>Learn, work and play during your gap year in Spain! You will choose the kinds of projects you would like to explore (for example 3D Design &amp; Development, Social Media Marketing and Digital Production) so that you can try out an industry before committing to a post-secondary education program.</p>	<ul style="list-style-type: none"> <li>• Interest in travel, learning and experiencing different languages and cultures</li> <li>• Able to meet the requirements of the program and pay the fees (16 week programs could run up to \$16,000.00 CAD)</li> </ul>
<a href="#">OSEF</a>	<p>OSEF (Organisme de Séjours Educatifs Francophones) offers many cultural exchange programs between Canada and Europe.</p>	<ul style="list-style-type: none"> <li>• Interest in travel and living in France, Belgium or Spain for programs ranging from 10 days to 3 months in length</li> <li>• Able to pay for travel and program costs (approximately \$4000.00)</li> </ul>
<a href="#">Oxbridge educational programs in U.S., U.K., France and Spain</a>	<p>Oxbridge Academic Programs has been welcoming intellectually adventurous high school and junior high school students to Europe for 30 years. You will have the opportunity to live and study in England, France or Spain.</p>	<ul style="list-style-type: none"> <li>• Currently in grades 8 – 12</li> <li>• Interest in learning and travelling to new countries</li> <li>• Access to funds (likely \$10,000 inclusive depending on your destination) or receive a full scholarship to cover all expenses</li> </ul>

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<a href="#"><u>Semester at Sea</u></a>	<p>An opportunity to learn while onboard ship and explore new destinations worldwide! Check out their website – packed with detailed information (even a map of the ship!) to get you excited about this opportunity.</p>	<ul style="list-style-type: none"> <li>• Students must be enrolled full-time in a degree granting program at an accredited college/university (domestic or international) and have completed at least one full term at the postsecondary level</li> <li>• \$24,000 - \$30,000 inclusive fees; scholarships are available</li> </ul>
<a href="#"><u>SHAD - Uncommon Purpose</u></a>	<p>SHAD is a registered Canadian charity that empowers exceptional high school students to recognize their own capabilities and envision their extraordinary potential as tomorrow's leaders and change makers. Each year, SHAD provides the opportunity for 600+ students from across Canada and internationally to attend a month-long summer program, in-residence at one of 12 Canadian host universities focused on STEM (science, technology, engineering &amp; math).</p>	<ul style="list-style-type: none"> <li>• A top performing student (grades over 90%), who is a well-rounded emerging leader demonstrating initiative, creativity and flair.</li> <li>• A leader in your school, volunteer in your community and maybe even a gifted musician, artist and athlete.</li> </ul>
<a href="#"><u>Youth Ambassadors Program</u></a>	<p>This three-week exchange takes place in Ottawa, Plattsburgh, New York and Washington, D.C. There is NO APPLICATION FEE and all travel, meals and accommodation costs are covered by the Youth Ambassadors Program. Participants are responsible for personal spending money. Program themes include civic education, community service, youth leadership, social inclusion</p>	<ul style="list-style-type: none"> <li>• Between 15 – 18 years old with at least 4 month of high school remaining</li> <li>• Canadian Citizen who is Interested in the U.S.A.</li> <li>• Committed to implementing community service projects</li> <li>• Deadline to apply is in early April, programs run in July – August</li> </ul>

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PROGRAM	DETAILS	PARTICIPATE IF YOU ARE:
<a href="#">Alberta Community &amp; Cooperative Association – Youth Leadership</a>	ACCA’s Co-operative Youth Leadership Program provides an opportunity for youth (aged 11 to 18) to develop their leadership and teamwork skills. It is designed to give youth the independence and confidence in their abilities while creating lasting friendships. These seven day programs take place at Goldeye Centre, located near Nordegg, Alberta.	<ul style="list-style-type: none"> <li>• Interested in leadership and career development opportunities</li> <li>• Funds to cover participant fees of \$236.25 and registration fees of \$708.75 (paid by participant or by a sponsor – note: 95% of students receive sponsorship! Refer to the website for full details)</li> </ul>

## WORK & VOLUNTEER PROGRAMS

PROGRAM	DETAILS	PARTICIPATE IF YOU ARE:
<a href="#"><u>Au pair World</u></a>	<p>This website has been recommended by those who have actually secured placements as Au pairs in Australia, France and Spain. As with any opportunities, it makes sense to check out your destination area and employer carefully to be sure it is a great fit for everyone.</p>	<ul style="list-style-type: none"> <li>• At least 18 years of age and available funds to pay for airfare. You will receive a modest wage, accommodation and meals with your family Interested in looking after young children, travelling and enhancing your second language skills</li> <li>• Able to meet the requirements of your target country (as outlined on the website)</li> </ul>
<a href="#"><u>Canada World Youth</u></a>	<p>Canada World Youth provides a variety of programs, in over 20 countries around the world, for youth between the ages of 15 and 35 looking to gain leadership experience through participation in community-driven development projects. The Global Learner program aims to promote global citizenship through the direct participation of youth in community-driven development projects.</p>	<ul style="list-style-type: none"> <li>• Interested in volunteering in our own country and /or another country overseas AND between the ages of 17 to 25 (Youth Leaders in Action program)</li> </ul>
<a href="#"><u>Diverbo - Spain Immersion opportunity</u></a>	<p>This is a program designed to help Spanish students practice English in a fun environment. There are many locations and program lengths to choose from.</p>	<ul style="list-style-type: none"> <li>• Between 13 – 17 years of age AND a native English speaker who wants to explore Spain (you do not need to speak Spanish, in fact it's preferred if you don't!).</li> <li>• Able to pay your flight tickets and pre-program accommodation. Once you are in the program, transportation and room/board are provided.</li> </ul>

## WORK & VOLUNTEER PROGRAMS

PROGRAM	DETAILS	PARTICIPATE IF YOU ARE:
<a href="#"><u>Global Leadership Adventures</u></a>	<p>GLA operates <u>1 to 6 week volunteer programs</u>, especially designed for high school students to experience in the summer months. The GLA experience gives high school students the opportunity to step up in a global context and face real challenges in partnership with the communities they are serving. No summer is complete without adventure. Each country has its own treasures. Imagine exploring the ruins of Machu Picchu in Peru, zip lining through the pristine rainforests of Costa Rica, or taking a safari in Tanzania.</p>	<ul style="list-style-type: none"> <li>• A high school student aged 14 – 18 years</li> <li>• Able to pay the program fees, starting with a non-refundable registration fee (\$75.00) and a refundable deposit (\$400.00). Program fees include all meals, in country accommodation and travel. You will need to pay your own airfare to and from your destination country. Program costs vary depending on country and length of stay, most are in the \$3000 - \$5000 range.</li> </ul>
<a href="#"><u>Go Eco</u></a>	<p>GoEco was created by experienced volunteers for people who are eager to travel and contribute to the community, wildlife, and environment they visit. Based on years of practice and in-depth field reports, GoEco presents you with a careful selection of excellent yet affordable volunteer and ecological minded vacations.</p>	<ul style="list-style-type: none"> <li>• Interested in adventure and making a difference!</li> <li>• Able to pay the travel costs and associated fees (ranging from \$600 - \$3,000+ depending on length of stay and program type)</li> </ul>
<a href="#"><u>GVI (Global Vision International)</u></a>	<p>This link to the under 18 volunteer opportunities states: “With various options to choose from, our projects are varied, packed with adventure and cultural awareness to ensure students have an enriching learning experience and head home with a wealth of new experiences, friends and memories”. You can watch a short feature video that explains about the programs, from 1 – 4 weeks in length.</p>	<ul style="list-style-type: none"> <li>• Between 15 – 17 years of age (for youth programs) AND interested in travelling and volunteering in a wide range of different environments (opportunities exist in Africa, Asia, Australasia, Europe, Latin America and the U.S.)</li> </ul>

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<a href="#">International Experience Canada</a>	<p>It's a rite of passage... a dream of many... and a once in a lifetime opportunity too good to miss! If you've ever dreamed of living and working in a foreign country, International Experience Canada may be the perfect opportunity for you to do just that! Through bilateral youth mobility arrangements and agreements with different countries around the world, Canadians and non-Canadians can travel and work in each other's countries for up to one year.</p>	<ul style="list-style-type: none"> <li>Interested in working and living in another country AND planning to take a "gap year" after high school, 18 years of age</li> </ul>
<a href="#">International Volunteer Headquarters</a>	<p>Established in 2007, IVHQ is described as the world's leading volunteer abroad organization, offering a variety of <u>projects</u> in over 30 international <u>destinations</u>. The website describes in detail a wide range of opportunities if you are considering traveling abroad, taking a gap year, wanting to experience a volunteer vacation, or simply wishing to provide assistance in a community abroad.</p>	<ul style="list-style-type: none"> <li>18 years of age or older OR volunteering with a parent or other adult AND able to fund the program fees that cover accommodation, breakfast and dinner for your stay (fees vary by length of program and location) as well as your transportation to your destination country</li> </ul>
<a href="#">Me to We volunteer travel/youth trips</a>	<p>It's more than a stamp in your passport. It's about people, connections and self-discovery—working together to change the world. Travelling with purpose means being part of something bigger than yourself. Volunteer in a Free The Children community, explore a new culture, and trek through an exotic land—from the African savannah to the Amazon rainforest. "95% of Me to We Trip participants report feeling a strong sense of responsibility for the wellbeing of people in developing countries when they return home".</p>	<ul style="list-style-type: none"> <li>Driven to make an impact on the world Access to funds for your trip (15 day program costs can be \$3500.00 inclusive – check the website for specific program fees)</li> </ul>

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PROGRAM	DETAILS	PARTICIPATE IF YOU ARE:
<a href="#">Peace Bus</a>	The CISV Peace Bus project consists of two <b>39 day cross-Canada</b> journeys in a 15 passenger van for 12 delegates (14-18 yrs), 1 junior leader (19+) and two leaders. During the trip, the group volunteers in communities, visits local CISV chapters, engages in educational projects, participates in team building activities and learns about Canada, all while lodging at CISV family homes and camping in breathtaking national parks.	<ul style="list-style-type: none"> <li>• Interested in cross-Canada travel and volunteering along the way!</li> <li>• Aged 14 and older</li> </ul>
<a href="#">Rotary Exchanges</a>	The District 5360 Youth Exchange Program coordinates exchanges in more than 20 different countries around the world each year. The year-long exchange is essentially a cultural, educational, personal growth and linguistic learning opportunity for high school students.	<ul style="list-style-type: none"> <li>• On August 31 of the year of departure, applicants must be at least 15 ½ years old, but not more than 17 ½ years old.</li> <li>• Above average academic performance with ability to express oneself clearly and effectively Adaptability (outgoing, confident and willing to adjust to changing surroundings)</li> </ul>
<a href="#">Alberta Junior Forest Rangers (summer job)</a>	If you are interested in environmental science, biology and ecology, this link will be helpful to you! The Junior Forest Ranger program has been operating in Alberta since 1965 and offers 7 weeks of <b>paid</b> employment and career development in Alberta's forests.	<ul style="list-style-type: none"> <li>• Eager to explore and spend time working and living in the outdoors. Considering a career in Biology, Ecology or Environmental science.</li> </ul>

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PROGRAM	DETAILS	PARTICIPATE IF YOU ARE:
<a href="#">WWOOF</a> <a href="#">WWOOF Canada</a>	<p>Want to live and work on an organic farm somewhere in the world? This can be possible with WWOOF organizations who connect you with hosts who offer food, accommodation and opportunities to learn about organic lifestyles. As a volunteer, you give your time and energy to help out on the farm. Check out the WWOOF site of the country you wish to visit and work in for specific information.</p>	<ul style="list-style-type: none"> <li>• Able to handle the demands of the farming lifestyle</li> <li>• Able to pay your travel expenses and WWOOF membership fees</li> <li>• Most countries require you to be 18 years of age and have applicable travel visas in place before you join WWOOF.</li> </ul>
<a href="#">YMCA Summer Work Student Exchange Program</a>	<p>The YMCA Summer Work Student Exchange is a unique national exchange program that brings together youth from various communities across the country. In 6 short weeks over the summer, participants go on a journey that will forever impact their lives. Learning more about themselves, discovering another part of Canada and the people that make up our great nation, taking on new challenges, making new friends and, having so much fun, participants agree this experience is THE JOURNEY OF A LIFETIME!</p>	<ul style="list-style-type: none"> <li>• Live in a community that is participating in this exchange program</li> <li>• Age 16 or 17</li> <li>• Interested in improving your second official language skills – you will be working in that language</li> <li>• Eager to gain employment experience through a work placement while on your exchange, and pay the \$100 participant fee</li> <li>• Available for the 6 week program duration (early July to mid-August) and able to host a student from another province in exchange for their family hosting you!</li> </ul>